

Inicio	Final	Sala	Sábado
09:00	09:45	2 CYCLING	Cycling Virtual
10:00	10:30	CROSS-MET	CROSS-MET 30
10:00	10:55	BODYMIND	POWER YOGA
10:30	10:45	FITNESS	GAP EXPRESS
11:00	11:55	1	Body Pump
12:00	12:45	2 CYCLING	Cycling
13:00	13:15	FITNESS	Abdominales
14:00	14:30	PISCINA	SWIMMING CLUB 30
14:15	15:00	2 CYCLING	Cycling Virtual
15:15	16:00	2 CYCLING	Cycling Virtual
16:15	17:00	2 CYCLING	Cycling Virtual
17:15	18:00	2 CYCLING	Cycling Virtual
18:15	19:00	2 CYCLING	Cycling Virtual
19:15	20:00	2 CYCLING	Cycling Virtual
19:30	20:00	CROSS-MET	CROSS-MET 30
20:00	20:15	FITNESS	Abdominales
20:15	21:00	2 CYCLING	Cycling Virtual

Acuáticas

Alto gasto calórico

Body-Mind

Cardiovascular

Coreografiadas

Outdoor

Tonificación Muscular

Puede consultar los horarios en la web o en la app de Metropolitán. <https://clubmetropolitan.com>